## **Chapter Forty-Eight**

In this chapter, Nesta is abruptly awakened at dawn by Cassian, who offers her food and prepares her for a demanding day of travel. She is physically exhausted, her body aching from the cold and lack of sleep, yet she complies with his insistence to eat before embarking on a long hike. Cassian's demeanor is stoic and unyielding, emphasizing the arduous nature of the journey ahead. He informs her that she will be carrying their supplies since his wings prevent him from doing so, and she reluctantly accepts this burden. The chapter highlights her internal struggles, her feelings of resignation, and her attempt to endure the physical toll of the trek.

As they set out, Nesta's body begins to protest the strenuous ascent, and her breathing grows labored. Cassian leads the way up the mountain, cutting along its face with purpose, leaving her to follow behind in silence. The landscape around them is vivid and serene, with lush green mountains and clear rivers, contrasting sharply with her internal turmoil. Despite her fatigue, she pushes herself forward, focused on the physical challenge rather than her emotional pain. The mountain's steep descent later in the chapter reveals the danger she faces, as the terrain becomes even more perilous, testing her endurance and willpower.

The journey continues with relentless effort, and after hours of climbing, they reach a river where they take a break for lunch. Nesta is primarily concerned with replenishing her energy and quenching her thirst, collapsing on the riverbank in exhaustion.

Cassian grants her a thirty-minute rest, aware of her self-destructive tendencies and the depth of her self-hatred. He offers her water and encourages her to recover, though his tone is tinged with frustration and concern. Her internal struggle remains hidden behind her silence, but her desire to simply disappear persists, revealing her profound emotional pain beneath the physical exhaustion.

By the end of the chapter, Nesta's resilience is tested further as she prepares to resume their trek. Despite her internal suffering and the weight of her emotional scars, she forces herself to keep moving forward. Cassian's understanding of her inner pain is evident, though he maintains a tough exterior, knowing that only she can ultimately save herself. The chapter closes with her silent determination to endure, highlighting her complex inner world and the ongoing struggle to confront her trauma while navigating the physical challenges of the journey.